GSAHW Global South Arts & Health Week

Africa, Asia and Latin America



Cameroon

Exploring Art and Serving healing.

Thematic Areas covered Include:

- Mental health
- Good health and wellbeing
- Equity

Date

September 26th-30th





WHAT IS GSAHW -GLOBAL SOUTH ARTS AND HEALTH WEEK?

This festival will bring together researchers, artists, youths and medical practitioners within Cameroon with the common goal to share knowledge, create art and heal together while promoting interdisciplinary and sustainable healthcare practices and engaging the younger generations. This endeavour will cover the following thematic areas related to Global South Arts and Health Week 2023 goals.

WHAT IS GSAHW CAMEROOON?

This festival in Cameroon will involve panel discussions and radio talks, art therapy workshops ,dance, painting/collage) poetry writing workshops; participants will take part in writing poetry reflecting one or all of the thematic areas targeted. They will be encouraged to write in any preferred national or local languages. The collection of poems will be edited into an anthology and finally film screenings – screening of well selected films for therapeutic purposes.

COVERED THEMATIC AREAS RELATED TO GLOBAL SOUTH, HEALTH AND ART WEEK, 2023











WHAT DO WE WANT TO ACHIEVE

Participants will have the opportunity to share research work and experiences in the domain of health, arts, and art and health. They will see the need for more interdisciplinary collaboration in research and practice.



Collaboration in inclusive activity will help participants to understand principles of inclusion while eliminating the stigmas that come with exclusion. Cultural sensitivity will help promote diversity and acceptance.



Participants will take part in therapeutic activities in which thematic health challenges will be addressed. This will bring healing and also teach skills that can be brought to their communities.



Participants will create art works such as paintings and a collection of poems which will serve in promoting health and art in medicine. By so doing they will also find healing and benefits that come with a writing a book.



Human Capital



Prof. Paul Animbom
Country Festival Director



Lanjo S. Neindefoh
Associate Country Director|Wellness Coach



Dr. Fonbeh Hedwick Chia
Mental Health specialist



Tanni D. Awa
Poet|Spoken Word Artists



Bobo Leenox
Paint Artist



Amstrong Fombi
Cultural Entrepreneur



Dr. Tele Landry
Artist/Lecturer



Miguel Faye
Dance Choreograher



Panel Discussions & Radio Tours







Arts Therapy Workshops

Painting/collage
Dance movement therapy



Poetry Writing Workshop

Film Screening & Discussions



Mental Resistance



Lost In The Media



Bruised



Join Us